



Premier Image Cosmetic & Laser Surgery

All About Cosmetic Surgery

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In This Issue

How to Choose a Plastic Surgeon
The QT Mini Facelift
Laser Tattoo Removal

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About Us

Premier Image
Our Doctors
Anti-aging Medical Spa & Laser
Center
Photo Gallery
Patient Testimonials

Greetings!

First of all, thank you for subscribing to our E-Newsletter. I know it's an investment of your time in reading this newsletter, so I want it to be informative. I would love to hear from you whether good, bad, or just some suggestions you may have to make our Newsletter better. With plastic surgery on the rise, I wanted to focus this issue on how to choose a plastic surgeon. Jeanette Hames Practice Administrator



How to Choose a Plastic Surgeon



In the world of cosmetic surgery, many physicians are well-known for their expertise in specific procedures like [breast augmentation](#), [facelifts](#), or [rhinoplasty \(nose surgery\)](#).

You don't have to travel to New York or Los Angeles for a top plastic surgeon, but you do need to know what to look for and what questions to ask.

Atlanta is home of some of the finest and most qualified surgeons **and in fact, a lot of East and West Coast Who's Whos come here. Seven is the lucky number**

here. I have 7 steps outlined below to help you qualify a plastic surgeon.

1) The number 1 qualification should be that the surgeon of choice is [board certified](#) in the specific field you are considering. Meaning, if you are considering a facelift or [blepharoplasty \(eyelid surgery\)](#), you should be consulting with a **Board Certified Facial Plastic & Reconstructive Surgeon**, which is a surgeon devoted specifically to the face rather than the body. **Many surgeons claim board certifications of all types, but be specific.**

Likewise, should you be considering [breast augmentation](#), [tummy-tuck](#), or [liposuction](#), you would want to consult with a **board certified plastic surgeon**, or a surgeon who devotes his skills in body contouring.

Board Certification means your surgeon passed the tests that prove his knowledge and the quality of his work. **These certifications are awarded by the American Academy of Facial Plastic & Reconstructive Surgery for facial cosmetic procedures** and by the **American Academy of Plastic Surgery or Aesthetic Plastic Surgery for body procedures.**

2) Your next step in qualification should be **how many procedures like the one you are planning has your surgeon performed.** Especially when considering **Rhinoplasty or Revision Rhinoplasty**, one of the most intricate and detailed surgeries truly requiring years of experience and expertise.

3) This is a good time to **ask to see before and after photos and request a phone call from a patient that has had the same procedure you are planning.** Not only

is this a great way to qualify your surgeon, it is a great way to get helpful tips about care giving for the procedure and suggestions they may want to share.

4) Research your surgeon. Ask for and read the surgeons "bio" which is a summary of qualifications, education, & history. You will want to **request a copy of the surgeons "CV"** as well, which is a detail of education, certifications, licenses, affiliations, memberships, achievements, appointments, presentations, & publications. The internet can be a helpful tool as well.

5) Education, experience, and expertise aside, how comfortable are you with the surgeon? After your consultation you should feel comfortable enough to ask any questions that come to mind. Re-consultation should not be a problem and **definitely meet with your surgeon to review procedures prior to your surgery.**

6) Surgery Center. No one really wants to check into a hospital and have the whole world watching, nor do you want a surgery room tucked into the surgeons back offices. The **facility should be a fully licensed & AAAHC accredited out patient surgery center.** Preferably on campus easily accesible by surgeon and staff, but operated by an accredited hospital, providing the safety and comfort in knowing you have a full hospital staff available.

7) Anesthesiologist. Lidewise, your doctor of anesthesiology should be board certified. **Ask if the doctor of anesthesia will be with you during your procedure.** Suprisingly, there are cosmetic surgeons who will use a physicians assistant or registered nurse. The risk is huge! **How does your surgeon (the only doctor in the room) stop a facelift or breast procedure to begin CPR** or handle any emergency that may arise. It may not be likely, but I have heard horror stories. Don't take short cuts!

Read on...

The QT Mini Facelift



[The QT Mini Facelift](#) is the low downtime alternative to face-lifting. The procedure was developed by Facial plastic surgeons Louis M. DeJoseph, M.D. and William E Silver, M.D. for those patients who don't want or need a full facelift, or just can't find the time for a long recovery, but desire a fresh, rejuvenated facial appearance. .

The procedure offers many of the same benefits of a traditional facelift procedure by correcting sagging facial skin, neck, and jowls. This includes tightening of these areas along with underlying muscle layer for added lift, contour, and longevity of the lift. The QT Lift is performed under local anesthesia with oral medications for increased comfort and quick recovery. Because smaller and fewer incisions are made, bruising and swelling are greatly reduced and most patients are able to return to work or attend social functions in just a few days.

The QT Lift can also be coupled with other procedures such as eye lift, brow lift, chin

augmentation, and lip enhancement as well as body procedures. Your transformation can be minimal or as complete as you desire.

Premier Image and the QT Mini-Facelift was recently featured on Atlanta's Fox 5 News and 11 Alive. [Click here to view the video.](#)

To learn more about the QT Mini-Facelift, call today: (770) 457-6303 or (888) 455-FACE

Read on...

Laser Tattoo Removal



Tattoos have been around for at least 5,000 years. The interest in removing them is just about as old. Many of the techniques to remove the tattoos in the past have produced less than desirable results. Dermabrasion, or sanding of the tattoo, chemicals, or even the older CO2 or Argon lasers removed tattoos but left undesirable scars.

The Versapulse VPC laser removes tattoo ink using directed rays of light with a very low risk of scarring. **This laser is the ultimate tattoo removal system, housing four lasers in one machine. The laser works on all color tattoo inks.** Medical research has taught us the exact wavelengths of light used to selectively remove certain colors of ink. The ink is broken up into 10-100 small fragmented particles to be carried off by the body.

After these treatments the tattoo fades and your normal skin tone shows through. New technology laser treatment is effective but slow. Between four and ten laser tattoo removal treatments spaced four to six weeks apart are necessary to remove tattoos. **The end result is worth it.**

Read on...

I hope you found the newsletter informative. This being our first shot at E-Newsletter was challenging. I would love to get your comments, so be sure to send me a note.

In Atlanta? Join us for a Seminar, July 25th, 6- 8pm, "All About Cosmetic Surgery" Fun, Food & Wine start this informative visual presentation covering concepts of beauty, the aging process and how to slow it down, as well as facial and body cosmetic procedures to restore a more youthful appearance. **RSVP Required, call 770-457-6303 or 888-455- FACE. Limited Seating Available.**

Upcoming Events

- JULY 18: BOTOX BUDDY NIGHT 6-8pm
- JULY 25: SEMINAR AT PREMIER 6-8pm
- AUGUST 19: LASER SATURDAY 9-noon